# Tri-County Health Department

Serving Adams, Arapahoe and Douglas Counties

*Revised 11/13/2020*

## Community Resources for Adams, Arapahoe and Douglas Counties

These resources are intended to support you during quarantine, isolation and/or recovery. As a reminder, it is always best to call a resource prior to visiting to verify eligibility.

### COVID-19 County Resources

**Adams County:** http://adamscountycovid19.org, 720-523-2800

**Arapahoe County:** https://www.arapahoegov.com/2096/Coronavirus-COVID-19-Resource-Center, 303-636-1170

**Douglas County**: http://www.douglas.co.us/covid19/, 303-688-4825

### COVID-19 Testing Sites

http://www.tchd.org/827/Testing-Sites-Isolation-and-Home-Care

### Mental Health Resources

**Adams County**: Community Reach Center, 303-853-3500

**Arapahoe and Douglas Counties**: All Health Network, 303-730-8858

**City of Aurora**: Aurora Mental Health Center, 303-617-2300

**Colorado Crisis Line**: 1-844-493-8255 or Text "TALK" to 38255

**Postpartum Support International:** https://www.postpartum.net/colorado/

Colorado Spirit Counseling Program: https://covid19.colorado.gov/get-help/coping-with-covid-19/crisis-counseling-program

### Medical Care for Individuals with or without Insurance

Salud Family Health Centers, 303-679-2583

Clinica Family Health Clinics, 303-650-4460

Stride Community Health Centers, 303-360-6276

Doctor's Care, 303-730-1313

Peak Vista Community Health Centers, 719-632-5700

### Health Insurance Coverage

**Connect for Health Colorado**: Individuals, families and small employers across Colorado can use Connect for Health to purchase health insurance and get financial help to reduce costs: https://prd.connectforhealthco.com/nes/anonymous/letUsGuideYouHousehold

**Health First Colorado:** Colorado's Medicaid program is called Health First Colorado. It is available to all income qualified individuals or families. There are many ways to apply:

> **Colorado PEAK:** www.colorado.gov/PEAK or call 1-800-221-3943
>
> **County Human Services Departments**:
>
> Adams County: 720-523-2800, Arapahoe County: 303-636-1170, Douglas County: 303-688-4825

### Food Assistance

**Supplemental Nutrition Assistance Program (SNAP)**, is a federal nutrition program that helps you stretch your food budget and buy healthy food. https://www.colorado.gov/pacific/cdhs/supplemental-nutrition-assistance-program-snap#apply

**Women Infants & Children (WIC)** provides free nutritious foods and nutrition education to improve the health of participating families that include pregnant, breastfeeding and postpartum women, infants and children up to the age of 5 years. Visit https://www.tchd.org/291/Women-Infants-Children-WIC

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**Hunger Free Colorado:** Help with applications for food assistance programs and answer questions about local food pantries, markets, etc. https://www.hungerfreecolorado.org/

## Housing Resources

**Adams County**: Maiker Housing, https://maikerhp.org/funding-sources/, email questions to rentandutility@maikerhp.org also http://adamscountycovid19.org/housing-resources-assistance
**Arapahoe County**: Housing and Community Development, https://www.arapahoegov.com/329/Housing-and-Community-Development
**Douglas County**: Douglas County Housing Partnership, http://douglascountyhousingpartnership.org/
**211 Housing and Shelter Resources**: https://www.211colorado.org/housing-and-shelter/

## Legal Assistance for Eviction

https://www.coloradolegalservices.org/

## Pregnancy and Parenting Resources

https://www.211colorado.org/pregnant-new-parents/

## Safety Hotlines

**National Domestic Violence Hotline:** 1-800-799-7233
**Colorado Child Abuse and Neglect Hotline:** 1-844-CO-4-KIDS

## Immigrant Rights

https://www.immigrantdefenseproject.org/wp-content/uploads/2016/12/IDP-ICE-Raids-Flyer-ENG-Jan-13-2018.pdf

## Healthy Families Workplace Act: Employee Rights to Paid Leave

https://cdle.colorado.gov/sites/cdle/files/Poster%2C%20Paid%20Leave%20%26%20Whistleblower%20-%20Google%20Docs_0.pdf

**Are you COVID-19 positive and looking for community resources?**
Contact COVIDresources@tchd.org for individual support.

**Are you looking for more resources to support you or your household?**
Visit **Mile High United Way 2-1-1,** a confidential and multilingual service connecting people to vital resources. You can connect with 2-1-1 online (https://unitedwaydenver.org/2-1-1/), by dialing 2-1-1 on your phone, or text your zip code to 898-211.